



## Press Release - For Immediate Release

### Thursday April 2, 2020 6:30 PM

#### **EASTERN IDAHO PUBLIC HEALTH (EIPH) - Community Spread Confirmed in Bonneville County**

Positive COVID-19 Test Results:

Bonneville County Case #1: We are reporting a positive COVID-19 test result for a female in her 40s. The case has no recent travel history or contact with a confirmed COVID-19 case. Therefore, community spread of COVID-19 is identified.

Bonneville County Case #2: We are reporting a positive COVID-19 test result for a female in her 30s. The case has no recent travel history or contact with a confirmed COVID-19 case. Therefore, community spread of COVID-19 is identified.

EIPH is not reporting any newly confirmed cases today for the Teton County Community. However, community spread has now been confirmed in Teton County, Idaho and the following neighboring counties: Teton County WY, Jefferson, Madison and Bonneville. EIPH, Teton Valley Health, and all partnering agencies now more than ever asking that all members of the community follow the [stay home order mandated by Governor Little](#).

#### **Question of the Day (from EIPH): How can I protect myself, knowing the virus that causes COVID-19 lives on surfaces?**

Answer: You are more likely to catch the infection through the air if you are next to someone infected than off a surface. Cleaning surfaces with disinfectant or soap is very effective because once the oily surface coat of the virus is disabled, there is no way the virus can infect a host cell. However, there cannot be an overabundance of caution as nothing like this has ever happened before. The CDC guidelines on how to protect yourself include: 1) cleaning and disinfecting surfaces, including tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks. Avoid touching high-contact surfaces in public, 2) washing your hands often with soap and water for at least 20 seconds, 3) engaging in social distancing (keeping a six-foot distance between yourself and others), and 4) most importantly, stay home if you are sick and contact your doctor, if needed.

#### **STICKING TO THE GOAL**

We MUST slow the spread of COVID-19. Lives in our community depend on it. Please do your part in flattening the curve! Your community thanks you.

An information hub has been created for local, state, and national COVID-19 information and is updated daily. Please visit: <https://coronavirus-response-tetonidaho.hub.arcgis.com/>

## STATISTICS UPDATE

### World Update

1,009,717 total cases

52855 deaths

6,343 deaths in last 24 hrs

### National Update

240,529 total cases

5,810 deaths

25,526 new cases in last 24 hrs

### Idaho Update

672 total cases

9 deaths

148 cases since yesterday

*“As of April 2, 2020 there are at least 1 million reported cases of COVID-19 across the globe..Now months after the virus was first detected in China, the epicenter of the outbreak has shifted first to Europe and now to the **United States, which currently has the most reported cases of the disease**”, according to John Hopkins University.*

## PROPOSED CONSTRUCTION/JOB SITE POLICY IN PROGRESS

The Board of County Commissioners will meet again tomorrow April 3, 2020 at 1:15 pm to further discuss the possibility of implementing a residential construction operations policy for Teton County. You may listen to the meeting by visiting the [Teton County website](#).

## TETON SCHOOL DISTRICT 401

TSD 401 has served more than 2,000 free meals to kids age 1-18 this week. Remember — sign up before midnight tonight for free meals tomorrow. Pickup is from 11:30-12:30. Be sure to indicate your pickup location — one of the K-3 public schools. There will be a new sign-up for next week posted on Friday. Go to: <https://sites.google.com/d401.k12.id.us/tsd-home-based-portal/home>

## VOTING

Don't let COVID-19 stop you from exercising your democratic rights. Vote absentee!  
<https://idahovotes.gov/absentee-voter-information/>

## SELF CARE

Tips from the CDC to help us all stay healthy during this stressful and difficult time:

Things you can do to support yourself

- Take breaks from watching, reading, or listening to news stories, including social media. Hearing about the pandemic repeatedly can be upsetting.
- Take care of your body. Take deep breaths, stretch, or [meditate](#)
- [Try to eat healthy, well-balanced meals](#), [exercise regularly](#), [get plenty of sleep](#), and [avoid alcohol](#) and [drugs](#).
- Make time to unwind. Try to do some other activities you enjoy.
- Connect with others. Talk with people you trust about your concerns and how you are feeling.

Together we will get through this.

**TETON VALLEY STRONG!**